

VOLUME 23

NUMBER 11

NOVEMBER 1997

£1.70

THE WORLD'S GREATEST MARTIAL ARTS MAGAZINE

COMBAT

YAP *Ways of Shaolin* LEONG

NEW!

WHAT IS
FREESTYLE?

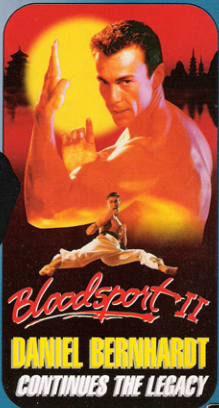
NEW!

JAPANESE TOTAL
SHOOTFIGHTING!



PLUS

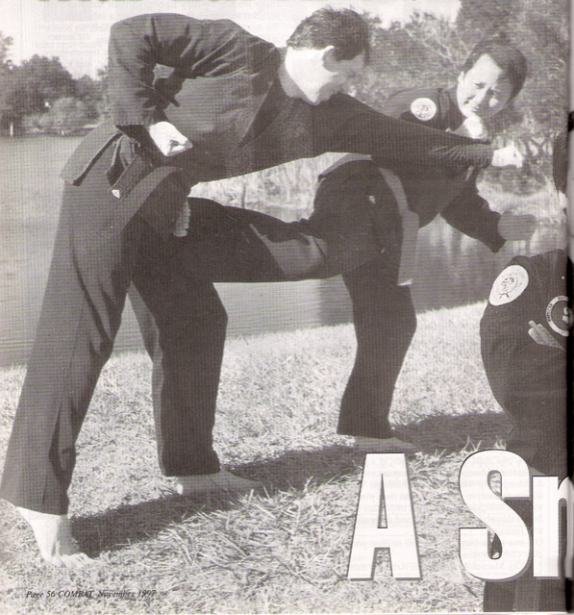
NEWSLINE ● LETTERS ●
CALENDAR ● RINGSIDE ●



Bloodsport II

DANIEL BERNHARDT
CONTINUES THE LEGACY

Martial Art From



A Sn



Sanchez enters by striking with a San-jitsu Weaver's punch to opponents knee



Locking the opponent's right heel from behind with his right ankle, Sanchez delivers a San-jitsu sacrifice spinning scoop kick to throw opponent backwards

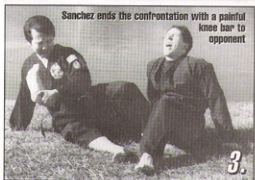


Frank E. Sanchez

Sanjitsu was developed on the tiny Island of Guam in the Western Pacific. Its roots are primarily in jiu jitsu though it also incorporates elements of karate and Jing Jow Pai (Eagle Claw) kung fu. Sanjitsu began in the early 1970s and it was founded by Guam's ambassador of martial arts, Frank E. Sanchez. It is the official martial art of Guam.

Sanchez's book on the basics of sanjitsu was written in 1977 and copies are stored with the Reference Section of Guam's Public Libraries, The Pacific Islands Collection of the University of Guam and the Guam Museum.

Frank is a native born islander and he based his system primarily on what he learned in street confrontations and on his black belt studies in judo, American karate, jiu jitsu and Jing Jow Pai,



Sanchez ends the confrontation with a painful knee bar to opponent

in which he has a red sash. Frank himself stands a mere 5'5" in height and that means a system which relies upon leverage against larger opponents. In addition to this leverage, sanjitsu prefers to go for over-kill, or "over-skill" as Frank describes it.

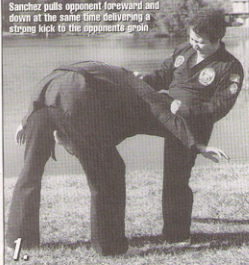
Sanjitsu is based upon Sanchez's name and upon the principle of three skills, these being the development of mind, body and spirit.

Frank also pioneered the development of an International

Small Island

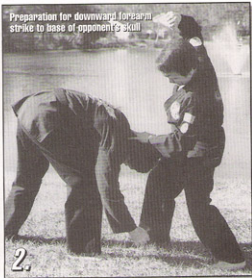
CAROUSEL NECK BREAK

Sanchez pulls opponent forward and down at the same time delivering a strong kick to the opponent's groin



1.

Preparation for downward forearm strike to base of opponent's skull



2.

Completion of forearm strike



3.

Sanchez maintains forearm on back of opponent's neck while securing his chin with left hand



4.

Rolling forward strongly while maintaining grip (in photo, Sanchez releases his grip so that no injury is caused to his student), the opponent's neck is broken



5.

Completion of roll out



6.

Grandmasters Council in 1993 under the title 'The World Head Of Family Sokeship Council'. The object of this group is to promote unity amongst the 150 or so grandmasters on its roster. These include Masaaki Hatsumi (Head of Bujinkan Ninjutsu), Peter Urban (All-USA Goju Karate), Helio Gracie (Brazilian jiu jitsu), Ji Han Jae (founder of Sin Moo Hapkido) and Honorary Members such as Jeff Speakman and Jackie Chan.

Sanchez is also Executive Director of the American Martial Arts Alliance which, despite being a US based organisation, has schools also in Greece, Ecuador, Scotland and Canada. Unlike the Soke's Council, the AMAA is open to all ranks and styles for membership.

Frank is also President of the College of Martial Arts which is affiliated to Eurotechnical University (a satellite institution licensed in Hawaii). Purpose of the college is to bring the martial sciences up to the same status as accountants, lawyers and doctors by awarding degrees for

life experience in the combative arts.

Altogether, Frank manages to find time to belong to no less than twenty-two martial organisations whilst being a ten-times over inductee to various Halls of Fame.

Frank currently lives in the US of A and his sanjitsu headquarters are to be found in Jacksonville, Florida. The headquarters also serves as honbu for his Sokes, for the AMAA and for The College of Martial Arts.

If you'd like more information on sanjitsu or any of the organisations mentioned, then fax Frank on 904 744 4625 or write to him at 6035 Ft. Caroline Road, Suites 11, 12 & 13, Jacksonville, Florida, USA 32277.

